

Breakfast

Fresh Hand Crafted Donuts

Glazed and Sprinkles

\$1.45 each \$8 half dozen \$15 dozen

Gourmet Donuts

\$2.25 each \$10.50 half dozen \$19 dozen

Donut Poppers

\$1.95 half dozen \$3.50 dozen

Sandwiches

on our soon to be famous donut bun

Bacon, Egg and Cheese - or sausage	\$4.75
Spicy Sausage - chorizo, scrambled egg, jalapeno, cheddar, pickled red onion, three onion mayo	\$4.25
Veggie - fried egg, avocado, hash brown, tomato spicy mayo	\$3.95
Crispy Chicken Sandwich - on our donut bun with smoked bacon, baby kale, maple spread	\$5.95

Bowls

Queso Bowl - chorizo, potato hash, black beans, queso, pico de gallo, avocado, sunny side up egg	\$4.95
Smoked Salmon - a scramble of eggs, smoked salmon, scallion, cream cheese, hashed brown	\$5.95
Bacon, Egg and Hash Bowl - scrambled eggs, crispy bacon, hashed brown	\$4.75
Harvest Bowl - kale blend, barley, quinoa, avocado, fresh tomato relish, sunny side up egg	\$4.95
Oatmeal - brown sugar, nuts, dried fruit	\$1.95
Yogurt Parfait - fresh fruit, granola, yogurt	\$2.25



Coffee and Espresso

We serve fresh ground, organic, fair trade coffees.

Sizes

12 / 16 / 20 ounces

Mild Roast, Dark Roast, Decaf

\$1.95 / \$2.85 / \$3.45

Espresso

\$2.00 / \$2.50 / \$3.00

Latte

\$2.75 / \$3.25 / \$3.75

Cappuccino

\$2.75 / \$3.25 / \$3.75

Americano

\$2.25 / \$3.25 / \$3.75

Chai Latte

\$3.25 / \$3.75 / \$4.25

Mocha

\$3.75 / \$4.25 / \$4.75

Hot Chocolate

\$2.50 / \$3.25 / \$4.25

Hot Tea

\$1.95 / \$2.85

Iced Tea

\$1.75 / \$2.50

Lunch

Sandwiches

Retro Burger - 1/4 lb. burger, donut bun, lettuce, tomato, spicy mayo	\$3.95
Korean BBQ Chicken - donut bun, sweet and spicy sauce, citrus slaw, miso aioli	\$5.95
BLT - bacon, lettuce and tomato, three onion mayo, on multigrain bread	\$5.25
Spicy Black Bean Burger - avocado, pickled red onion, pico de gallo, spicy mayo, donut bun	\$4.95
Herbed Chicken Salad - lettuce, tomato, on our donut bun or multigrain bread	\$3.95
Grilled Cheese - cheddar, pepper jack and swiss, on griddled multigrain bread	\$5.45

add any of these to your sandwich, salad or bowl

bacon \$1.25	avocado \$1.00	egg \$1.00
cheese \$0.50	chicken \$2.95	ahi tuna \$4.45

Salads

Wedge Salad - bacon, tomato, radish, blue cheese crumbles, blue cheese dressing	\$4.95
Super Grain Salad - power greens blend, quinoa, barley, baby kale, cashews, raisins, apple cider vin.	\$5.95
Seared Ahi Tuna - power greens, wakame, red pepper, fried wontons, wasabi avocado dressing	\$6.95
Berry Goat Cheese - mixed greens, blueberries, strawberries, candied walnuts, balsamic vinaigrette	\$5.75

Soups and Sides

Soup Cup \$1.95	Soup Pint \$3.50	Soup Qt. \$6.95
Chips \$1.25	Pasta Salad \$1.25	
Side Salad \$1.25	Power Greens \$1.75	